



Middlewick Holiday Cottages

Wick Lane, Glastonbury
Somerset BA6 8JW
01458 832351

middlewick@btconnect.com
middlewickholidaycottages.co.uk

Middlewick Holiday Cottages Green Tourism Policy 2011

Middlewick is a magical place. Our holiday cottage complex is surrounded by 16 acres of farmed paddocks, meadows and gardens. We are located in the shadow of the Glastonbury Tor in an area of natural beauty with stunning views of the surrounding countryside. We are dedicated to restoring this holiday complex back to as close to the original farmstead as we can.

At Middlewick we are committed to good environmental practice and sustainable development. We have joined the Green Tourism Business Scheme which is the national sustainable tourism certification scheme for the UK. We are actively working to be graded on our environmental credentials during 2011.

We are demonstrating our commitment to environmental practice by:

- Using environmentally friendly cleaning products in all the cottages.
- Endeavoring to be energy efficient by turning off appliances and heating when not essential.
- Equipping our cottages with A-Rated appliances to minimise energy consumption. Those that are not A rated will be upgraded in due time. Where they currently work satisfactorily we will not just replace them for the sake of it as the environmental cost of producing a new one may exceed the incremental energy consumption.
- Working to use energy efficient light bulbs and to replace used / broken light bulbs with energy efficient bulbs whenever possible.
- Providing opportunity for recycling glass, plastic bottles, tin cans and newspapers, card board, batteries and compostable waste. Our waste and recycling is handled by a Somerset company; Commercial Recycling of Wimborne, Dorset.
www.commercialrecycling.co.uk
- Shopping locally and supporting local retailers and producers.
- Opening a Farm Shop (August 2011) on site at Middlewick. Everything stocked is organic. Our range currently covers organic fruit and vegetables, cereals, chocolate, pasta, cooking sauces, oils, milk, cakes, eggs, bread and ice cream.
- Our shop is stocked using local suppliers wherever possible. Most of our products are sourced from Somerset Local Food Direct www.localfooddirect.co.uk/ , Essential Trading Co-operative www.essential-trading.coop/home.aspx , Fussels Oils www.fusselsfinefoods.co.uk/ . We also encourage our guests to shop locally.



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- Restoring the original kitchen garden at Middlewick. Originally on the western side of the main farmhouse, and covering approximately ¼ of an acre, the plot is covered in ten years + of vegetation growth. We have already had a first crop of vegetables which were sold in the Middlewick shop during August 2011. This will develop further in 2012.
- Planting a Herb Garden in the reception area at Middlewick for guests to use as needed.
- Providing a full range of local tourist information on site (in our telephone box tourist centre) and encouraging use of public transport by providing time tables for bus and train.
- Encouraging walking and cycling, by providing local cycle/ walking routes folder, advertising local bike hire, secure on farm bike storage and a drying room for coats and boots.
- Inviting guests to use water in a responsible manner.
- Investigating and planning both PV (for general electricity) and Solar Thermal (to heat the swimming pool) installations. We hope to have one of these operational in 2012.

How you can help:

- Choosing to give the car a holiday by walking, cycling and using public transport.
- Please use energy carefully by turning off lighting when not in use and not having the heating on all day. If you use our stream room and pool please ensure everything is turned off when you leave the building.
- Trying locally sourced food and produce.
- Switch off lights and TVs when not in use. Please pay special attention to outside lights as well.
- Please close doors and windows when you using the heating.
- Please avoid excessive use of water
- Use the bins provided for recycling.
- Letting us know about any further actions you would like us to take

Jill and Jonathan Barker